Fred Frelantz - -Head Conductor

Fred Frelantz will serve as "Head Conductor" for the "kick-off" parade of the Seventh Annual Historic Appomattox Railroad Festival being held October 13th and 14th. The parade can be seen from Main Street at 10 a.m.

Fred is a native of Perry, Oklahoma, who majored in Journalism at the University of Oklahoma. His broadcasting career began in high school in 1955 and accounted for his announcing on radio stations in Oklahoma, Texas, Louisiana and Kansas. Fred moved to Roanoke, Va. in August of 1961. He was the morning D.J. at WROV for 9 years. Having moved from announcer to Program Director and Agency Producer, Fred and his wife, Sharon, currently own Image Advertising, Inc. in Roanoke.

Fred can be seen on local TV as spokesman for Berglund Chevrolet.

Fred's work has consistently taken top honors in television and radio both locally and nationally. Image Advertising won the 1977 National Addy First Place Award for the best radio commercial series. In television, Fred's work won awards in the Chicago International Film Festival, the Film Festival of the America (Virgin Islands), the Advertising Club of New York's Andy Awards Competition, plus a nationally coveted Clio Award. Fred also was a member of the Vikings VI, a well-known local/regional band. He plays guitar and piano.

Change In Schedule Announced For Bethel & Mt. Comfort

The Bethel United Methodist Church and the Mount Comfort United Methodist Church wish to announce a change in the preaching schedule. Both churches will begin weekly services on the first Sunday in October, the 7th.

At Bethel, located on Route 608 about halfway between Concord and Oakville, services on the first Sunday of each month will begin promptly at 9:00 a.m. On the second Sunday of each month, services will be held at 11:15 a.m. On all other Sundays, including any fifth Sundays, worship will be conducted at 10:00 a.m. Each week, Sunday school classes will follow the worship service as usual, except on the second Sunday of each month, when Sunday school will convene at 10:00 a.m.

The preaching schedule at Mount Comfort, located about halfway between Oakville and Gladstone just off Route 26, will also change. On the first and third Sundays of each month, worship will continue to be held at 11:00 a.m. On the second and fourth Sundays, worship will be at 9:00 a.m. Any fifth Sundays will have worship at 11:00 a.m. Sunday school, as in the past, will always be held at 10:00 a.m.

Revival Planned At Bethel Church

Revival services at Bethel United Methodist Church will begin Sunday, October 7th, at 7:30 p.m. and will continue through Friday, October 12th.

There will be special music each evening.

The Rev. Don Carlton of Altavista will be the guest evangelist for these services.

Please come and bring someone with you and receive a blessing.

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BRIGG'S HOT Sausage OR MILD lb. 99c

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9-11 CHOPS QUARTER PORK LOINS CENTER & ENDS INCLUDED $1.29 lb.

FRESH PICNIC HAMS 4-8 lbs. 79c lb.

BONELESS STEW BEEF LEAN & TENDER $1.99 lb.

RED DELICIOUS Apples 4 LBS. $1.00

FRESH GREEN CABBAGE SAVE! 2 lbs. 29c

CAGLE'S GRADE A FRYERS CUT UP lb. 49c

CUBE STEAK $2.39 lb.

SKINNED, SLICED & DEVEINED BEEF LIVER CENTER CUT lb. 79c

GUNNDE'S SALADS POTATO, MACARONI & COLE SLAW 14-oz. CUP 49c

BRIGG'S BACON $1.19 lb.

BRIGG'S FRANKS MEAT, BEEF, JUMBO OR REGULAR $1.39 lb.

DEL MONTE PINEAPPLE SLICED, CRUSHED, CHUNKS 15.5-oz. CAN 59c

DEL MONTE PINEAPPLE GRAPEFRUIT DRINKS REG. OR PINK OR PINEAPPLE ORANGE DRINK 46-oz. CAN 69c

DEL MONTE CUT OR FRENCH GREEN BEANS 2 16-oz. CANS 89c

DEL MONTE WHOLE OR CREAM STYLE CORN 3 17-oz. CANS $1.00

DEL MONTE EARLY GARDEN SWEET PEAS 3 17-oz. CANS $1.00

DEL MONTE WHOLE OR STEWED TOMATOES 2 16-oz. CANS $1.00

Del Monte FOODS PEACH HALVES

DEL MONTE HALVES OR SLICED PEACHES 29-oz. CAN 69c

MORE MEAT BARGAINS
SWIFT HOSTESS HAM 4-6 lb. CAN $9.99
BRIGG'S VARIETY PAK 12-oz. PKG. $1.49
B.S. PURE FAT BACKS lb. 49c
BRIGG'S BOLOGNA lb. $1.29
FROZEN FISH 5-lb. BOX $2.99

MORE GROCERY VALUES
ALL FLAVORS JELL-O 4 3-oz. PKGS. 99c
LIQUID DETERGENT DOVE 22-oz. BOT. 89c
PET EVAPORATED MILK 2 13-oz. CANS 89c
TRIPLE COLA 64-oz. BOT. 69c
WISK 64-oz. BOT. $2.49

PLEASING PRODUCE
WHITE POTATOES 10 lbs. 2 39c
RED TOKAY OR BLUE BERRY GRAPES POUND 69c

FROZEN FOOD & DAIRY DEPT.
FARMDALE Margarine 32-oz. BOWL $1.09
COOL WHIP 8-oz. CONTS. 69c

HEALTH & BEAUTY AIDS
TOOTHPASTE COLGATE 7-oz. TUBE $1.14
MOUTHWASH SCOPE 24-oz. BOT. $1.89
DEODORANT RIGHT GUARD 11-oz. CAN $1.89

KING'S OVEN-FRESH BAKERY
PEACH PIE 35-oz. PKG. $1.49
COBBLESTONE BREAD 1-lb. PKG. 73c
PINEAPPLE BUTTER CREAM CAKE 42-oz. PKG. $2.69

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KAHN'S AMERICAN BEAUTY HAM lb. $2.59
WITH 2 VEGS. & ROLL/BEEF LIVER DINNER EACH $1.49
KAHN'S MEAT, BEEF OR GERMAN BOLOGNA lb. $1.99

DEL MONTE TOMATO CATSUP 24-oz. BOT. 79c

MARTHA WHITE PLAIN OR SELF-RISING FLOUR 5-lb. BAG 99c

REG. OR DIET Dr Pepper OR Sunkist Orange 8-16 OZ. BOTTLE CARTON 99c PLUS DEPOSIT

SWISS MISS ICE CREAM ½ GALLON 99c

GRADE A LARGE EGGS DOZEN 69c

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And when you've filled one card, pick up another and start collecting more stickers. There's no limit to the number of cards you can fill and redeem for extra S&H Green Stamps.

Collect your "Holiday Harvest" stickers this way: One sticker—with $10.00–$19.99 purchase. Two stickers—with $20.00–$29.99 purchase. Three stickers—with $30.00–$39.99 purchase.

And remember: The stamps you win by playing "Holiday Harvest" are *extra*... They're in addition to the regular stamps you get with each purchase. (Note: in order to collect 1200 extra S&H Green Stamps, your card must contain all 24 "Holiday Harvest" stickers. However, if you don't manage to fill your card, we'll still give you 50 extra Green Stamps for each sticker). So come on in. Take advantage of our "Holiday Harvest." Then head for your nearest S&H Redemption Center... for your own harvest of fine holiday gifts.

KING'S

Firewood For Home Heating

Information From Virginia Division of Forestry

Many homeowners in Virginia are using woodburning stoves and fireplaces to reduce their heating bills. In using wood, homeowners are utilizing a renewable fuel resource. Coal, oil, and gas are limited resources.

When using wood for heating, you should know which wood provides the most heat, when and how to cut or buy wood, how to dry and store it, and sources of firewood.

Different species of wood burn differently. Poplar, for example, may pop sparks. Pines and fruitwood, especially apple, have an aromatic odor.

Whether you buy wood or cut your own, you should burn only wood that has been well seasoned. Dry wood creates less creosote buildup, and provides 20-30 percent more heat for the dollar spent. After about 3-months of temperatures over 50°F, the wood will be as dry as is possible in air drying.

The heat value of dry wood exceeds the heat value of green wood. The heavier hardwoods, such as hickory, black locust, the oaks, and apple offer the most heat per cord. Lighter woods such as yellow poplar, elm, and white pine yield considerably less heat per cord. Whatever wood you choose, allow the wood to dry for at least 3 months before burning.

1 Standard Cord of Dry Hickory = $88 Gallons of Fuel oil= 24,000 Cubic Feet of Natural Gas, 1 Ton of Coal, 7210 KWH of Electricity.

Approximate Heating Value per Standard Cord

Wood	Green	Million BTU* Air-dryed
Hickory	20.7	24.6
Black Locust	20.7	24.6
Apple	20.1	23.9
Oak, White	19.2	22.7
Beech	17.3	21.8
Oak, Red	17.9	21.3
Pine, Yellow	14.2	20.5
Red Maple	15.0	18.6
Poplar	11.5	13.7

*B.T.U. - British Thermal Unit-the amount of heat required to raise the temperature of a pound of water 1 degree Fahrenheit.

It is important to properly dry firewood because dry wood burns clean, creates less creosote buildup in flues and chimneys, and produces up to 30 percent more heat than green wood. In stacking and drying firewood, consider the following:

Keep the wood off the ground to prevent decay and insects from entering the wood. Plastic can be put on the ground under the pile to prevent moisture in the lower layer.

Keep the firewood stack away from the house to prevent spread of insects and decay organisms to the house.

Stack the wood neatly in a sunny, windy location.

Cover the top of the stack with plastic, tin, etc., to keep rain and snow off.

Wood more than 4" in diameter should be split. Small pieces dry faster.

Wood should be dried at least 3 months before burning. Only dry wood should be burned for maximum heating efficiency.

Several sources are available in the county to buy firewood. Interested persons should consult newspaper and radio ads. Private landowners with woodlots or recently harvested timber should also be contacted. Some timber companies and the state forest when contacted will let citizens cut firewood from designated areas. Many people cut their own firewood as a family project and a way of getting exercise. But when cutting firewood please be extremely careful. Chain saw accidents could be fatal.

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